

# PHYSICAL EDUCATION AND ATHLETICS

Veale Center

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**More Information:** <http://athletics.case.edu/landing/index>

The Department of Physical Education and Athletics offers the student a variety of opportunities from challenging academic classes to vigorous recreational activities.

Case Western Reserve University sponsors 19 NCAA Division III varsity sports. Men's sports include football, soccer, cross country, basketball, wrestling, swimming, baseball, tennis and indoor/outdoor track & field. Women's sports include volleyball, basketball, swimming, indoor/outdoor track & field, tennis, cross country, soccer, and softball. Students must be on the roster of the varsity sport to enroll (PHED170-190).

CWRU is a charter member of the University Athletic Association (UAA), sharing in the belief that academic excellence and athletic excellence are not mutually exclusive. The Spartans are joined in the UAA by Brandeis University, Carnegie Mellon University, Emory University, New York University, University of Chicago, University of Rochester and Washington University in St. Louis.

The Spartan football team also maintains affiliate membership in the Presidents' Athletic Conference (PAC).

The department sponsors a variety of intramural and club sport activities, including archery, cheerleading, crew, cycling, fencing, ice hockey, lacrosse, kendo, kung fu, table tennis, tae kwon do, ultimate frisbee, volleyball, and water polo. Sport clubs are available to all students, faculty, and staff. Intramural competition is available in more than 40 activities, and more than one-half of undergraduates participate for relaxation, physical fitness, and a chance to improve skills.

## Wellness & Lifetime Sports

The department has designed instructional programs of wellness and lifetime sports. Each semester, twenty to thirty co-educational, wellness and lifetime sports classes are offered.

Undergraduates have a one-year Wellness General Education Requirement to be completed prior to graduation. One of the two semesters of Wellness must be "movement" based. Required classes, for zero credits, are offered for either half-semester or full-semester. Others who have completed the requirement may audit classes.

## Recreational Activities and Intercollegiate Athletics

The intramural program provides a continuous schedule of activities throughout the year. Individual and team sports are available to students in several divisions: university housing, fraternity, women, coed, graduate, and open. Intercollegiate varsity athletic competition is available in ten sports for men and nine sports for women.

## Reserve Officers' Training Corps (Army ROTC)

An Army Reserve Officers' Training Corps (ROTC) program is available to Case Western Reserve University students through a partnership agreement with the US Army and a cooperative arrangement with John Carroll University. Some of the first- and second-year ROTC classes are offered on the Case Western Reserve University campus through the Department of Physical Education and Athletics. Participating students may be exempt from the undergraduate physical education requirement. For courses offered at Case Western Reserve (MLSC 101, MLSC 102, MLSC 201, and MLSC 202), students register in the ordinary way. For other Army ROTC classes, students enroll through cross-registration in the Department of Military Science at John Carroll University, which is approximately five miles from Case Western Reserve. For additional information on ROTC programs, see the Undergraduate Collaborative Programs section of the Bulletin.

## Department Faculty

TJ Shelton, MA  
(Wichita State University)

*Professor*

James C. Wyant Director of Athletics & Chair, Department of Physical Education and Athletics

Shelby Archable, MAT  
(Manchester College)

*Instructor*

Athletic Trainer

Gisella Bahena, MA  
(Hiram)

*Instructor*

Assistant Softball Coach

Brooke Beecher, MS  
(Case Western Reserve University)

*Instructor*

Assistant Basketball Coach

SFC Timothy Bennet  
*Instructor*

Military Science

Carl Contrascier, BA  
(Cleveland State University)

*Instructor*

Assistant Soccer Coach

Olivia Cattau, MS  
(University of Washington)

*Instructor*

M&W Assistant Track Coach

Greg Debeljak, MA  
(John Carroll University)

*Professor*

Head Football Coach

Matthew Englander, BA  
(The College of Wooster)  
*Instructor*  
Head Baseball Coach

Karen Farrell, MS  
(University of Massachusetts at Amherst)  
*Professor Isabel Wetmore Lowman Chair for Health Education*  
Head Women's Volleyball Coach; Associate Athletic Director; Senior Woman Administrator

Spencer Furlich, MS  
(Adrian College)  
*Instructor*  
Athletic Trainer

James Garfield, MS  
(California University of Pennsylvania)  
*Instructor*  
Athletic Trainer

Stephen Gruenberg, ME  
(The Ohio State University)  
*Instructor*  
Assistant Baseball Coach

Josie Henry, MA  
(Minnesota State University)  
*Assistant Professor*  
Head Fast Pitch Softball Coach

Patrick Kennedy, MS  
(University of Maryland)  
*Professor*  
Associate Athletic Director & Intramural and Club Sports Director

Kathy Lanese, BS  
(Ohio University)  
*Instructor*  
Head Women's Cross Country Coach and Assistant Men's Track and Field Coach

Elizabeth Levy, MA  
(University of Wyoming)  
*Instructor*  
M&W Assistant Swim Coach

Todd McGuinness, MA  
(Concordia University Irvine)  
*Assistant Professor*  
Head Men's Basketball Coach

Kirsten G. McMahon, MBA  
(Berry College)  
*Associate Professor*  
Head Women's Tennis Coach

Warren Miller, BA  
(Baldwin Wallace University)  
*Instructor*  
Defensive Coordinator, Football

Doug Milliken, MS  
(Indiana State University)  
*Assistant Professor*  
Head Men's and Women's Swimming & Diving Coach/Assistant Athletic Director

Lauren Pinzka, MA  
(Salem University)  
*Instructor*  
Athletic Trainer

Carter Poe, M.A.  
(University of Mt Union)  
*Instructor*  
Head Men Soccer Coach

Jeff Ramsey, MS  
(University of Illinois- Urbana-Champ)  
*Instructor*  
Assistant Football Coach

Jennifer Reimer, MEd  
(Bowling Green State University)  
*Professor*  
Head Women's Basketball Coach

Abby Richter, MS  
(Kent State University)  
*Instructor*

Eric Schmuhl, MEd  
(Muskingum College)  
*Associate Professor*  
Head Men's and Women's Track Coach

David Shapiro, MA  
(Baldwin Wallace University)  
*Instructor*  
Head Wrestling Coach

Dereck Slesh, MBA  
(Cleveland State University)  
*Professor*  
Offensive Coordinator, Football

Kimberly Waters, BA  
(Hiram College)  
*Instructor*  
Assistant Volleyball Coach

Bryan Wickliffe, BA  
(College of Wooster)  
*Instructor*  
Men Assistant Basketball

Todd Wojtkowski, MBA  
(The Citadel)  
*Associate Professor*  
Head Men's Tennis Coach

## Programs

- Sports Medicine, Minor