SPORTS MEDICINE, MINOR

Program Overview

The sports medicine minor at CWRU is a comprehensive program that includes didactic and clinical coursework designed to expose students to a broad base of fundamentals in sports medicine. While open to any student at CWRU, this minor is ideal for those pursuing majors in the health care, education or coaching realms. It will provide them with indispensable knowledge in the areas of general medical conditions, sports nutrition, pharmacology, injury evaluation, emergency care and more! Students will also grasp the foundations of musculoskeletal injuries, the care and prevention of athletic injuries, therapeutic rehabilitation techniques and modalities application.

For more information about the minor in sports medicine, please contact: **James Garfield** or **Shelby Archable**.

Undergraduate Policies

For undergraduate policies and procedures, please review the **Undergraduate Academics** section of the General Bulletin.

Program Requirements

The Sports Medicine minor requires completion of the following courses:

Code	Title	Credit Hours
Required Courses:		
PHED 332	Introduction to Sports Medicine	3
PHED 334	Orthopedic Assessment of the Upper Extremity	3
PHED 339	Orthopedic Assessment of the Lower Extremity	3
PHED 341	Physiology of Exercise	3
PHED 342		
PHED 350	Therapeutic Rehabilitation and Modalities	3
Total Credit Hours		**15**