

NUTRITION, MINOR

Program Overview

A minor in human nutrition covers an introduction to the topic and a broad overview of important concepts in the field of nutrition. Given the important role of food and nutrition in health and reduction of risk from chronic disease, this minor would be beneficial to any major.

Undergraduate Policies

For undergraduate policies and procedures, please review the Office of Undergraduate Studies section of the General Bulletin.

Program Requirements

Nutrition majors are not eligible for this minor.

Non Nutrition majors may only take one minor: either Minor in Nutrition, Minor in Sports Nutrition, or Minor in Environmental Nutrition.

Code	Title	Hours
Required courses:		
NTRN 201	Nutrition	3
NTRN 343	Dietary Patterns	3
Nine credits selected from any NTRN 300 level course that is not an independent study (i.e., excludes NTRN 371, NTRN 390, NTRN 399)		9
Total Hours		15